



ARE YOU LOOKING FOR A BETTER WAY TO PARENT?

All classes are taught by Certified Parent Coach, Laura Murphy, open to the community, have childcare provided for \$4/child/class, and offered at Grace United Methodist Church located at 11485 Ridgeview (between 119th Street and College Blvd.). To register call Laura at 913-393-5981 or at LMurphy@real-families.com.

A Taste of Love and Logic—A look at the Love and Logic Parenting philosophy and some basic tools to “try out” at home, ways to find out more about Love and Logic, and fun stories about Love and Logic success! *Sunday: March 1st; 3:30-4:30. Class cost \$5/participant (No childcare available for this class)*

Avoiding Energy Drains—Discover a few new “tools in your toolbox” of how to approach parenting predicaments such as whining, backtalk, power struggles, defiance, follow through, and other hot topics parents face each day that drain the energy out of parenting and family life. *Monday : April 13th ; 6:30-8:30pm. Class cost is \$8/person or \$10/couple.*

For more information on these classes and other classes offered by Laura go to www.real-families.com and for more information on other classes and opportunities at Grace United Methodist Church go to www.gracech.org